

## Updates

### 20th Floor Renovation

While construction has been underway on the 20th floor, we greatly appreciate the understanding and patience from our tenants!

As previously announced, improvements will include modernized restrooms, a refined corridor and expanded fitness center.

The project continues to prevent conference room reservations on the 20th floor; however, we have made arrangements to provide alternate options. The project will also cause fitness center closures on the weekends in February.

Please be sure to read tenant memos distributed as we have updates.

If you have any questions or concerns, please reach out to the Management Office at 312-222-9611.



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## BOMA Food Drive Results

During the fourth quarter, NBC Tower participated in the BOMA Chicago's annual Greater Chicago Food Depository's (GCFD) 1 City, 1 Food Drive. The collection bin was in the lobby through December 8th and tenants were welcomed to make perishable food donations or monetary donations on NBC Tower's virtual donation webpage.

We are pleased to announce with the help of our tenant's participation in fighting hunger, NBC Tower was able to collect 371 pounds of food which provided 309 quality meals along with \$270 in financial donations which provided 810 quality meals for hungry families in Cook County!

The food drive may have ended, but fighting hunger is continuous. This winter, many people in our community struggle to afford the cost of food and heating bills. For information on how you can get involved year-round, please visit the Chicago's Food Bank [web-site](#).

We thank you for participating in our efforts to fight hunger!

## Blood Drive

Once again, NBC Tower will be teaming up with LifeSource in an effort to help save lives with a blood drive which will be held on Wednesday, March 28th from 9AM-3PM.

During the winter season, inclement weather and illnesses result in fewer blood donations, however, the need for blood by cancer patients, trauma victims, and surgery patients does not decline, thus causing a shortage.

According to the American Red Cross, every two seconds someone in the U.S needs blood. Although 37 percent of the U.S population is eligible to donate blood only, 10 percent actually does.

Donating blood takes only an hour of your time! If you are interested in donating blood this upcoming blood drive, please visit the LifeSource website to read donor eligibility.

Donor sign-up will be available in March, but as always, walk-ins are always welcome! We thank you in advance for your time and efforts in saving lives.

## Girls Scouts Cookie Days



NBC Tower will be teaming with the Girl Scouts of Chicago and Northwest Indiana once again to bring cookies to NBC Tower's lobby on Tuesday, March 27th.

Did you know? Not only are Girl Scout cookies notoriously delicious, when you buy a box, proceeds are going towards a great cause! Proceeds help fund unique and amazing experiences for the girls which also enable and empower girls to develop essential life skills and prepare them to practice a lifetime of leadership, goal setting, decision making, money management, people skills and business ethics.

Join us in supporting the girls' success and the success of our community and be sure to ask the troops what their fundraising goal is!



## Gold Circle Awards: Security Professional of the Year

Every year, the Building Owners & Managers Association International (BOMA) holds The Outstanding Building of the Year Awards (TOBY) and Gold Circle Awards. The awards honor outstanding buildings, along with excellence among property management, emerging leaders, building engineers and security professionals.



We are pleased to announce, NBC Tower's own, Steve Castans, was awarded the Gold Circle Award for Security Professional of the Year!

Steve joined NBC Tower in 2016. Steve has over 40 years of Law Enforcement and Private Security experience, holding degrees from the FBI National Academy, Northwestern University's School of Police Staff and Command and University of Kentucky's Police Management Institute.

Over the years, he has conducted safety trainings, fire drills and shelter in place trainings.

On a day to day basis, Steve leads and directs the security team to providing safety for our tenants.

We are truly pleased to have Steve on our management team!

## HAPPY NEW YEAR!

### 2018 SPECIAL OFFER

With the new year comes new resolutions and the chance to reprioritize our lives and commit ourselves to a healthier lifestyle.

Your chiropractic care is a vital part of a healthy life, by reducing stress and eliminating unseen pressure to your nervous system.

Misaligned spinal bones and postural abnormalities can significantly worsen if left untreated, causing arthritis and disc degeneration.

To help you get back into the swing of things your Universal Wellness Source of Streeterville Team is offering for a limited time:

**EXAM & CONSULTATION  
2 SPINAL X-RAYS  
(IF MEDICALLY NECESSARY)  
ADJUSTMENT!**

**COMPLETELY COMPLIMENTARY!**

Patients currently under care, Medicare, Medicaid and Tri-Care excluded. Offer valid until February 28, 2018.



**DR. BRITTANY CALDWELL**

**NEW YEAR.  
NEW DOCTOR.  
NEW YOU!**

Let's make sure this year leaves you healthier than the last!

Call or email us to schedule your complimentary evaluation today!

I look forward to meeting you!

312.600.6128 | [str@uwschiro.com](mailto:str@uwschiro.com)  
[drbrittany@uwschiro.com](mailto:drbrittany@uwschiro.com)

## Cityfront Café: A Look Ahead

Whether you forgot your lunch or would like a different meal option from your home-made lunch, Cityfront Café's chef, Jacob Moss, has you covered with a variety of cuisines in the upcoming weeks.

During the week of February 12th, the Café will feature Hakka Bakka—Indian Kati Rolls station which will feature Indian inspired flavors wrapped in Naan.

Mardi Gras will be celebrated at the café on February 13th with a themed Spirit of New Orleans menu .

On the week of February 19th, enjoy barbecue from Sweet Baby Ray's menu ranging

from pulled chicken, pork or brisket with delicious classic sides.



Let Cityfront Café cater your next event or meeting! Beginning March 1st, an all-new catering menu and website will be available, called "Catertrax".

Celebrate St. Patrick's Day at Cityfront Café with a themed St. Patrick's Day menu featuring "Manny's" corned beef and cabbage on March 16th.

In addition to our sneak peak of Café menus, keep an eye out for monthly newsletters highlighting restaurant partners and other guest restaurant takeovers at the café!

## Sustainability Earth Hour

NBC Tower will be among millions of participants in the 2018 Earth Hour which will take place on Saturday, March 24th from 8:30PM—9:30PM.

Earth Hour encourages individuals, communities, households and businesses to turn off their non-essential lights for one hour as a symbol for their commitment to the planet.

Earth Hour started in 2007 in Sydney, Australia when 2.2 million individuals and more than 2,000 businesses turned their lights out for one hour to take a stand against climate change. Since then, the event has grown to engage more than 7,000 cities and 162 countries and territories worldwide.

The annual event is celebrated specifically the last Saturday in March as the sunset times in both the North and South hemispheres nearly coincide thus causing a great visual impact for the global 'lights out' event.

The campaign's goal is to go beyond that one hour in helping our environment. For more ideas and to take the Earth Hour pledge, please visit their [website](#).

## Tenants Go Green™

**Tenants Go Green Meetings are held quarterly and open to all building tenants.**

During the fourth quarter Tenants Go Green meeting, Laura Blunk from Waste Management visited our tenants to discuss ways they could make a difference for our environment during the gift giving season.



Laura gave creative gift wrapping ideas such as using newspaper, magazine pages, old maps, or fabrics in place of the typical wrapping paper.

Laura's gift suggestions were giving the gift

of experiences such as: concerts, meals at green-friendly restaurants, donations and services such as massages, spas, gym membership, etc. Also, in place of plastic non recyclable gift cards, print certificates at home!

For more green-friendly gift giving ideas, please visit [www.treehugger.com/igift-guides/](http://www.treehugger.com/igift-guides/)

Our first quarter Tenants Go Green meeting will take place on Thursday, March 14th. If your company is interested in joining the Tenants Go Green Program, please contact Alexis at [alexis.viliunas@am.jll.com](mailto:alexis.viliunas@am.jll.com).

## Upcoming Events & Holidays

- March 14th—Tenants Go Green
- March 24th—Earth Hour
- March 27th—Girls Scout Cookies
- March 28th—Blood Drive



Is your company interested in submitting an article to be placed in the NBC Tower quarterly newsletter? All requests are due a week before the start of the respective quarter. Submit all requests and questions to Mari Barrera at [Maricruz.barrera@am.jll.com](mailto:Maricruz.barrera@am.jll.com). We look forward to hearing from you!

### MANAGEMENT STAFF

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